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WOODLANDS GYMNASTICS AND DANCE CLASSES

Stardust Dance Academy are pleased to be able to offer you the chance to join our extra curricular dance and gym clubs, which are held in your school hall. The clubs are open to children in Reception, Years 1- 2 .

In dance club, you will learn modern, pop dances in fun and friendly sessions. You will learn the core skills that dancers require, including working on strength, flexibility, technique and self-confidence. Dancers have the opportunity to perform in our annual shows, as well as performances in London. Ask last years dancers about the shows that they performed in! The clubs are open to boys and girls with the focus being on “taking part” in the classes and getting fit in a supportive environment, so feel free to either come along to have fun or take it to the performance level.

During gym club, you will learn how to warm up and stretch safely and learn different exercises including cartwheels, jumps and rolls. You can get tips on performing the perfect handstand and other beginner gymnastic moves; as well as learning gymnastic positions, stances and sequences. You can also learn some more advanced artistic gymnastic moves, which will improve your eye-hand-coordination, by using ribbons. Come along to learn how to put all your work together by learning short routines.

Please send comfortable clothes for your child to wear and trainers or pumps. Please also send your child with a drink and they may bring a healthy snack.

| Day/ Class | Venue | Time | January - April | Total |
|-----------------------|-------------|---------------------------------|---|--|
| Tuesday Gymnastics | School Hall | 8am - until school starts | 8th January - 9th April | 13 sessions *Early Bird fees £60.00 *Payments made after 2nd Jan* £65.00 |
| Wednesday Dance | School Hall | 3:30 - 4:30 | 9th January - 10th April No dance 13th Feb due to parents evening. | 12 sessions *Early Bird fees £55.00 *Payments made after 2nd Jan* £60.00 |

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|-----------------------------------|--|
| Dance class only Show Date | Sunday 14th July @ Solihull Arts Complex |
| Tickets go on Sale | Tickets go on sale 8th April visit www.thecoretheatresolihull.co.uk or call 0121 704 6962 - Tickets are sold first come first serve. £14 per ticket |

How to book a dance or gym club place and pay-

If you would like your child to join our club as a new starter, please text Carla on 07957 283 608 confirming that you will be paying by BACs or cash. Once we have received your text, you will receive a text to confirm if your child has a place.

Please complete the booking slip below and bring it after the first session.

- Pay by BACs HSBC Sort code- 40 41 27. Account number- 71522744 - please use your child’s name and dance/gym class as a reference.

PLEASE NOTE THERE WILL NOW BE A £5 LATE FEE ADDED IF FEES ARE NOT PAID 1 MONTH AFTER START DATE

Please do not hand money into the school. Please note that we operate a late fee and classes do need to be paid by the end of the first session or you will be charged an additional admin fee for late payments.

Please note that due to high bank charges, cheques can no longer be accepted.

Woodlands Dance club January - April 19

Child/ren’s name(s).....

Payment method – BACs (before the first session) / Cash (after the first session)Contact

Telephone number.....

Email address.....

Any medical/Allergy information

Please sign below to give permission for emergency, medical advice and treatment if needed.

