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LAPWORTH PRIMARY SCHOOL EVENING CLASSES

In dance class, you will learn modern, pop dances in fun and friendly sessions. You will learn the core skills that dancers require, including working on strength, flexibility, technique and self-confidence. Dancers have the opportunity to perform in our annual shows, as well as performances in London. Ask last years dancers about the shows that they performed in! The clubs are open to boys and girls with the focus being on "taking part" in the classes and getting fit in a supportive environment, so feel free to either come along to have fun or take it to the performance level. In gym class you will learn how to warm up and stretch, do different exercises including hand stands, cartwheels, jumps and forward and backward rolls. You can get tips on doing the perfect handstand and other beginner gymnastic moves as well as learning beginning gymnastic positions or stances. You can also learn more advanced artistic gymnastic moves including eye-hand-coordination with ribbons and learn short routines. Please send your child in their school top with shorts, leggings or jogging bottoms and remember to send in their school trousers or skirts, so that they can get changed after their club!

LAST CLASS THIS TERM WILL BE MONDAY 17th DECEMBER

Club	Time	Venue	January - April	Total
Monday INFANT DANCE Age 3 - Year 2	5:15pm- 6:00pm	School Hall	14th January - 8th April	12 sessions *Early Bird fees £50.00 *Payments made after 2nd Jan* £54.00
Monday GYMNASTICS ALL AGES	6:00 - 6:30pm	School Hall	14th January - 8th April	12 sessions *Early Bird fees £40.00 *Payments made after 2nd Jan £42.00
Monday JUNIOR DANCE Year 3 +	6:30pm - 7:15pm	School Hall	14th January - 8th April	12 sessions *Early Bird fees £50.00 *Payments made after 2nd Jan* £54.00
BOTH DANCE AND GYMNASTICS	Infant dance and gym Or junior dance and gym (see times above)	School Hall	14th January - 8th April	12 sessions *Early Bird fees £80.00 *Payments made after 2nd Jan* £84.00

<ul style="list-style-type: none"> • Pay by BACs HSBC Sort code- 40 41 27. Account number- 71522744. Please put your CHILD'S name and dance / gym class as reference. For example SarahSmithBJS

Dance class only Show Date	Friday 12th July @ Solihull Arts Complex
Tickets go on Sale	Tickets go on sale 8th April visit www.thecoretheatresolihull.co.uk or call 0121 704 6962 - Tickets are sold first come first serve. £14 per ticket

Lapworth primary School January - April 19 . Dance/Gym

Child/ren's name(s)..... Payment method – BACs/ Cash
 Contact telephone number..... Email address.....

Any Medical/allergies we need to be aware of
Please sign below to give permission for emergency, medical advice and treatment if needed.

